Occupational Therapy

The main objective of occupational therapy is to assist you in reaching your objectives for daily tasks. Our occupational therapist can help you with:



Child development

 promoting the growth of attachment, play, memory, cognition, and emotional control



Strategies for mental health

Assisting you in managing daily life



Fine motor skills

- · Handwriting, scissor skills
- · Accessing technology
- Visual motor and integration skills



Sensory processing and regulation

 Performing as best you can in light of your sensory requirements



Parent and carer education

 Training for parents, educators, and caregivers, both individually and in group settings





Self-care

 Activities including getting dressed, taking a shower, using the restroom, maintaining personal hygiene, and eating and drinking



Positioning and equipment

- Enhancing posture, comfort, and safety
- recommending and tailoring equipment to your needs



Environmental modifications

 structural alterations to the house and surroundings, such as steps, portable ramps, grab bars, and handrails



Leisure and recreation

 Engaging in recreational and social pursuits both within the community and at home



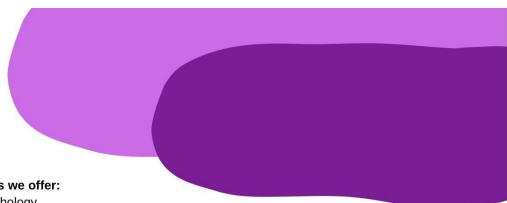
Transport

 Travelling safely and comfortably in a vehicle



Housing options

 Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA) criteria are guided by functional evaluations.



Other supports we offer:

- Speech Pathology
- Psychology
- Positive Behavior Support
- · Exercise Physiology
- Physiotherapy
- · Dietetics and Nutrition Support

Who can access our services:

· We offer assistance to elderly Australians as well as children, youth, and families.

Where do we provide services:

- · In our local clinic
- In the community/people's homes /child care/school, etc.
- Via Telehealth (especially for those who live in remote or rural areas)

Funding options:

- National Disability Insurance Scheme (NDIS)
- Disability Support for Older Australians (DSOA)
- Medicare Funded
- · Privately Funded

For more information on Disability Services contact us at

info@iconiccaregroup.com.au 02 4604 8282 0474 801 695

For further information about our services, please contact us on <u>0474 801 695</u> or refer to our website https://iconiccaregroup.com.au/